

STL vs KC “SUPER 7 PLUS” SHOWDOWN CHALLENGE



VS



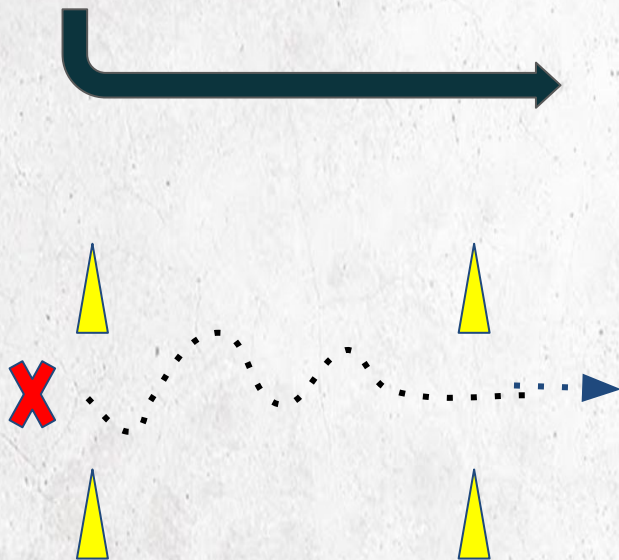
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- ❖ **Post your Super 7 Plus video to Instagram and Twitter and use the hash tags below:**
 - **#SLSGhomework for St. Louis (Missouri & Illinois)**
 - **#KCSGhomework for Kansas City**
 - ❖ **At the beginning of your video, state your name and age group.**
 - ❖ **Contest Deadline is Friday 3/27 at noon.**
 - ❖ **Winner Announced Monday 3/30 at noon. Brad Davis, former US National Team Player and World Cup Veteran will be the judge. Unbiased - STL alumni and current KC Technical Director.**
 - ❖ **U9 to U12 and U13+. Do your Super 7 and add any 5 seconds of freestyle at the end .**
 - ❖ **U6 to U8, any combination of 3 of the Super 7 moves.**
 - ❖ **\$50 Soccer Master Gift Certificate will be awarded per age group and gender**
 - **Boys U6 to U8, Boys U9 to U12 and U13+ (3 seperate prizes)**
 - **Girls U6 to U8, Girls U9 to U12 and U13+ (3 seperate prizes)**



MOVES COMBINATION SERIES

“SUPER 7 PLUS”

- ❖ Dribble forward in a zig zag for 20 yards doing the 7 moves in order.
- ❖ PLUS - Add in 5 seconds of any freestyle move(s) you want at the end.
- ❖ Each Move Videos



ACTIVITY - VIDEO

Fake Pass Drag
Hop Chop
Vs - Behind Back - One Footed
Vs - Front - Two Footed
Shot Fake Cut
Maradona
Double Scissors (sub in any other)

REAL EXAMPLES PLAYLIST (YouTube)